

UNIVERSITÉ **CÔTE D'AZUR**



22-23



CONTENTS

Université Côte d'Azur	40
Before you leave	42
Settling on the French Riviera	46
Studying at the French Riviera	52
Living on the French Riviera	64



Université Côte d'Azur

The wealth of skills, the spirit of innovation, the diversity of the courses on offer, the strong student support, the professional immersion... Université Côte d'Azur offers the perfect exploration ground for those who dare to create.

300
courses
on offer

21
faculties

14
campuses

33 000
students

20%
of international
students

The campuses are located across the French Riviera. Nice, Cannes, Menton, Sophia Antipolis are all sites that promote an intense, welcoming and fulfilling living environment. Check out the campus maps on page 54.

Université Côte d'Azur offers university courses which can be completed in **Bachelors, Masters or PhD** in the following fields:

- Biology, Health, Sport
- Law, Politics, Economics and Management
- Education, Teaching, Training,
- Arts, Humanities, Languages and Communication
- Human and Social Sciences
- Sciences, Engineering, Technology, Environment



Université Côte d'Azur strives to develop disciplinary excellence while encouraging a multidisciplinary approach. The student is at the heart of innovative educational dynamics. All teaching is carried out by teacher-researchers, accompanied by laboratories and supported by key companies in the area.

Labeled « Initiative d'excellence », Université Côte d'Azur is one of France's top 10 research-intensive universities.





BEFORE YOU LEAVE

Budget	44
Official documents	44
Insurance	44
Banking	45
Accommodation	45

Budget

Preparing your budget is the first step before settling on the French Riviera. At a minimum, plan a monthly budget of 800 €.

To have additional income, you can do a student job. Please note, French law authorizes students international workers to work a maximum of 21 hours per week.

<https://www.campusfrance.org/fr/preparer-budget-etudiant-France> 

Official documents

Before leaving their home country, any foreign national wishing to study in France must obtain a long stay «Student» visa. You must apply to the French consular services in your country of residence. Nationals of the European Union, Andorra, Monaco, the Vatican, Switzerland, San Marino and Liechtenstein are exempt from the long-stay visa.

<https://www.enseignementsup-recherche.gouv.fr/cid20203/references-aux-textes-nationaux.html> 



All the documents required for an application (birth certificate, academic documents) which are written in a foreign language, must be translated into French by a sworn translator approved by the French consular services in your home country.



Your passport must be valid for the duration of your study period in France.

Insurance

Before your departure, we advise you to take out health, travel and repatriation insurance. Other insurances will be necessary and mandatory to study in France : multi-risk home insurance (for rental contracts), civil liability (for academic registration and internships).



Some banks offer these services when you take out a bank card with them.

Once in France, after registering at the University, you will have access to French Social Security.

<https://etudiant-etranger.ameli.fr/> 

Banking

For day-to-day transactions (receiving a grant or salary, monthly bills, various payments) it is highly advisable to have a French bank account.

You will need the following documents to open a bank account:

- proof of identity
- proof of address
- proof of academic registration



Online banks can be an alternative to traditional banks.

Accommodation

There are several housing options on the French Riviera: university rooms, student residences, shared apartments, etc.

The **CROUS**, which is a partner of Université Côte d'Azur, offers student rooms to international students who apply early, subject to availability.

<https://www.crous-nice.fr/>

La **Studapart** platform, created by Université Côte d'Azur, offers student accommodation throughout the year.

<https://univ-cotedazur.studapart.com/fr/>

Lokaviz is a national website for private rental accommodation.

<https://www.lokaviz.fr>

Discover **VISALE**, the free rental deposit for students

<https://www.campusfrance.org/fr/VISALE-caution-locative-etudiante-gratuite>

Map with public and private residences

Scan me



USEFUL INFORMATION

Centre Régional d'Information Jeunesse – CRIJ
<https://www.infojeunesse-paca.fr/nos-services/orientation-information/logement>

The **International Relations Offices** can provide support and advice for these procedures.

<https://univ-cotedazur.fr/partir-a-l-etranger/contacts/bureaux-ri-par-campus>

WELCOME GUIDE

UNIVERSITÉ CÔTE D'AZUR



UNIVERSITÉ CÔTE D'AZUR

WELCOME GUIDE

SETTLING ON THE FRENCH RIVIERA



p.48
University
registration



p.48
IZLY Card



p.49
Transport



p.50
Additional
health insurance



p.50
Health
insurance



p.49
Mobile
subscription



p.51
Financial
assistance



p.51
Registering on
the ANEF website



p.51
Renewing your
Residence Permit
Long Stay Visa

Registering at Université Côte d'Azur

The administrative registration is an online process, directly completed on the registration platform.

If you have technical problems registering, contact your school service:

<http://glpi-form-sco.unice.fr/> ↗

The process is the same for the academic registration, which is completed afterwards.

Once the registration is completed, the **ENT account** (Digital Work Environment tool) has to be activated on the "Sésame" platform. This process will grant access to the enrolment certificate. All of the institutional information will be sent to this new account and email!

Scan me



EXCHANGE STUDENTS
must also prepare their learning agreement.

If you are admitted as part of an exchange program, administrative registration is done when you arrive at the International Relations Office (BRI).

To finalize your registration, the payment for the **CVEC (Contribution for Student and Campus Life)** is mandatory (€92 for 2021-2022).

Erasmus+ students, refugees, asylum seekers and beneficiaries of subsidiary protection status are exempt from the CVEC fee.

More information on:
<https://cvec.etudiant.gouv.fr/> ↗

IZLY Card

Activate me on izly.fr

Use me to :

- pay for the university canteen
- access the library
- use the coffee machine

And much more! ;)



You can have discounts upon presentation of this card (transport, food & drinks, shopping, museums, etc.)!

Transport

TRAIN

SNCF offers a great alternative to traveling by plane or car.

<https://www.sncf.com> ↗

The **carte Zou** created by the Région Sud gives discounts on several train lines (TER : Trains Express Régionaux).

<https://www.ter.sncf.com/sud-provence-alpes-cote-d-azur/offres/cartes-abonnements/demandez-votre-carte-zou> ↗

BUS & TRAMWAY

- Nice: **Ligne d'Azur** <https://www.lignesdazur.com> ↗
- Antibes and Sophia Antipolis: **Envibus** <http://www.envibus.fr/en.html> ↗
- Cannes: **Palmbus** <https://www.palmbus.fr> ↗

TWO-WHEELERS:

CITY SCOOTS offers self-service electric scooters, parked in public places and geolocalized on the Cityscoot app . Helmets can also be borrowed.

<https://www.cityscoot.eu> ↗

VÉLOBLEU is a bike rental network that can be used with a cell phone. Self-service stations are spread around the Nice Côte d'Azur metropolis.

<https://www.velobleu.org> ↗



International driving license: Check its validity!

<https://bit.ly/3vIkX5M> ↗

Mobile subscription

You can take out a contract directly in store, contracts are often for a minimum of 12 to 24 months (before subscribing to anything, it is important to check if this matches with your stay length - you might have to pay a fee if you terminate your contract early).

Before any subscription, compare the offers!

<https://lemon.fr/forfaits-mobiles-comparateur> ↗

Prepaid cards are rechargeable and can be bought in a supermarket or a Bar-Tabac.

Health System

The **Caisse Primaire d'Assurance Maladie** (CPAM) is the French organization in charge of covering most medical fees. For the CEAM holders (European Health System Card), registering with the French health system (Sécurité Sociale) is not mandatory.

Overseas students have to register online.

This procedure is free and mandatory for students who:

- have a VLS-TS or VLS-T or C and D visa (Schengen);
- are Europeans and don't have the CEAM (European Health System Card);
- are Europeans with a S1 form;
- are not Europeans.

- For a medical service, the **CPAM** refunds **70%** of the total price, with **30%** left to pay.
- All health professionals are listed on the website **ameli.fr**, and divided by categories (secteur 1: medical fees are fully refunded, secteur 2: additional fees can apply).

The online registration can be completed on the following website:

<https://etudiant-etranger.ameli.fr> 

Additional Health Insurance

A private health insurance can be subscribed to cover the remaining 30% fees – which are not covered by the CPAM.

<https://www.studyrama.com/vie-etudiante/assurance-sante-etrudiants-informez-vous/quid-des-mutuelles-complementaires-87641> 

Financial assistance

Housing benefit

The **Caisse d'Allocations Familiales (CAF)** offers financial support for people living in France, if they meet the eligibility requirements. It is important to make an early application as the granting process might take a while.

<https://www.caf.fr> 

Scholarships

Different scholarships are available, you can find out more on the French Government website:

<https://www.etudiant.gouv.fr/en/financial-support-and-grants-1663> 

OFII registration

ANEF registration is mandatory for students with a long stay visa and must be completed no more than 3 months after arrival in France. The procedure fees are to be added to the visa fees.

<https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/> 

VISA RENEWAL

To extend your stay in France, it is possible to renew your visa. If you wish to pursue your studies when your study visa validity is coming to an end, you have to apply to the prefecture to renew it at least two months before it expires. You can apply for a temporary student residence permit (valid 1 year) or multi-year student residence permit (valid 2-4 years), subject to financial resources. The procedure is as follows:



Warning: penalties can apply during visa renewal if this procedure was not completed on time.

Scan me





STUDYING AT UNIVERSITÉ CÔTE D'AZUR

Campus maps	56
Academic calendar	58
Nice's International School (UIEN)	58
Learning French as a foreign language	59
Engagement Center	59
University libraries (BU)	60
University Restaurants	60
Activities at Université Côte d'Azur	60
International Relations Office Contacts	61
Reception Structures	62
University Health Service	63
Alumni	64
Community life	64
Social media & community	65



CAMPUS MAP

Les Alpes

Parc National
du Mercantour

ISOLA 2000

ITALIE

Parc Naturel des
Alpes Maritimes

FRANCE

Parc naturel régional
du Verdon

GRASSE
CAMPUS JACQUES LIONS

MENTON

VINTIMILIA

NICE

AÉROPORT NICE CÔTE D'AZUR

SOPHIA ANTIPOLIS
SOPHIA TECH

DRAGUIGNAN
INSPE

CANNES
GEORGES MÉLIÈS

SAINT TROPEZ

Mer Méditerranée

LA SEYNE/MER
INSPE

AÉROPORT TOLON-HYÈRES



HOW TO GET TO CAMPUS

From Nice Côte d'Azur airport, the city's tramways provide access to several areas of the city. Tickets can be purchased at the ticket machines at each stop and also on the app Nice Ticket.

1,50€: single trip - 10€: 10 trip ticket

The Sophia Antipolis technology park can be reached with the **230A** and **230B** buses from Nice (Templiers stop for the SophiaTech campus). It is also possible to get there by bus from Antibes, Cannes and Grasse.

To get around the technopole, the university provides you with two electric bicycle stations located at the IUT and at the entrance to the Azur campus of the CNRS.

The Menton campuses are accessible by train from the Nice Ville train station (Tram stop «Gare Thiers»), or by bus (**n°110** from the airport, and **n°100** from downtown Nice).

The St Raphaël campus of is also accessible by train from the Nice Ville train station (Tram stop «Gare Thiers»), or by bus **«Zou83»**, from the airport.

Academic Calendar

Scan me



Find all the highlights of your academic year.

<https://univ-cotedazur.fr/scolarite/calendrier-universitaire> 

Nice's International Summer School

Every summer, UIEN welcomes all students wishing to acquire or improve their knowledge of French, with language training for A1, A2, B1, B2, C1 and C2 levels. Courses in English or Russian are also offered.

The UIEN also offers FLE (French as a foreign language) teachers wishing to revitalize their professional practices, a pedagogical course (SP).

The Université Côte d'Azur summer school is open for 6 weeks from July to mid-August.

The courses take place from Monday to Friday, i.e. 20 hours per week for a total of 40 hours of courses per session (preferential rate for students pre-registered at Université Côte d'Azur).

<http://www.unice.fr/scl/index.php/uien/> 

Learning French as a Foreign Language

Do you want to improve your language skills? You have access to the **10 Language Resource Centers / Centres de Ressources Linguistiques (CRL)** located on all the campuses of Université Côte d'Azur. You can learn French, but also other foreign languages thanks to courses offered at very attractive rates. The CRLs also offer intensive summer courses in June and July (2 weeks duration, with daily classes from 9am to 1pm).

<http://www.unice.fr/scl/index.php/crl/> ↗

All Erasmus students have the possibility to participate in a **free French course** during their mobility. The course starts in February/October and amounts to about 3 hours per week for 10 weeks. You will receive more details about this course after your arrival. There are no ECTS credits for this class.



Engagement Center

The **Engagement Center** encourages and values the commitment of students in activities of general interest, in addition to their studies and in line with the values of the Université Côte d'Azur. The missions can be very varied and take place in local and international associations/organizations.

<https://univ-cotedazur.fr/reussir-ses-etudes/s-engager-pour-la-societe> ↗

University Libraries (BU)

Each Université Côte d'Azur campus has a **university library (BU)**, with its own hours. Registered students have access to all BUs regardless of their course of study, **by presenting their student card**.

<https://bu.univ-cotedazur.fr/fr> ↗



University Restaurants

The **University Restaurants** offer complete meals (starter, main course and dessert) for 3.30€.

<https://www.etudiant.gouv.fr/fr/carte-pour-trouver-les-resto-u-235> ↗

Activities at Université Côte d'Azur

Université Côte d'Azur student card

Your student card gives you access to many services at within the university, but it also guarantees you discounts at day-to-day. Remember to always have it with you! Services: libraries academics; payment card for Resto U, photocopies or impressions; reductions in public transport, reductions on leisure and culture: cinema, museum, magazine subscription, music platform, access to UCA Sport or sports halls; beauty ; Fast food; ready to wear; hardware....

UCA SPORTS

You want to get moving? You can sign up for sports activities at Université Côte d'Azur. The range is wide: climbing, paddle, dance, orienteering, etc.

<https://sport.univ-cotedazur.fr/fr/> 



Note that regular practice of a sport can give you 0.25 bonus points on your curriculum (variable terms to be checked with your school).

News and Events

News and events that bring Université Côte d'Azur to life can be found on the website:

<https://newsroom.univ-cotedazur.fr/> 

International Relations Office Contacts

Each campus has an **International Relations Office (BRI)**, which is responsible for the administrative management and follow-up of international students' exchange programs. The BRI supervises exchange students and supports the international activities of UCA's faculties and institutes. Each BRI is the contact point for international exchange students.

<https://univ-cotedazur.fr/partir-a-l-etranger/contacts> 

Reception Structures

Maison de l'Étudiant

The student center is an information and service center created to support students, researchers and teachers with their procedures. Located on the St Jean d'Angély campus (Vauban tram stop), it is a place of expression and creativity where cultural and entrepreneurial projects are carried out.

<https://www.nice.fr/fr/l-ecole/la-maison-de-l-etudiant> ↗

Welcome Center

The Welcome Center provides information, advice and personalized assistance to researchers, doctoral students and teachers at the Université Côte d'Azur before and during their stay on the French Riviera.

It also has a «faculty club» residence to welcome international researchers.

<https://univ-cotedazur.fr/ucajedi-lidex-duniversite-cote-dazur/welcome-center> ↗



Université Côte d'Azur student card

Your student card gives you access to many services at within the university, but it also guarantees you discounts at day-to-day. Remember to always have it with you! Services: libraries academics; payment card for Resto U, photocopies or impressions; reductions in public transport, reductions on leisure and culture: cinema, museum, magazine subscription, music platform, access to UCA Sport or sports halls; beauty ; Fast food; ready to wear; hardware....

University Health Service

The physical health and well-being of students is essential for Université Côte d'Azur. In addition to medical consultations, the University offers stress management workshops, free HIV/Covid tests, and consultations with psychologists and psychiatrists.

Health Service

Discover all the health services available:

<https://univ-cotedazur.fr/sante-aide-sociale> 

And the University Counseling Service (BAPU):

<https://univ-cotedazur.fr/vie-pratique/sante-1> 

Studies and Disability

For students with disabilities, it is possible to benefit from specific arrangements. For the steps to follow, please visit:

<https://univ-cotedazur.fr/responsabilite-ethique-et-universitaire/handicap/je-suis-etudiant-ou-souhaite-le-devenir> 

Social services

If you encounter personal or financial difficulties during your studies, social assistance is there to help you find solutions:

<https://univ-cotedazur.fr/vie-pratique/aide-sociale-1> 

Alumni

Registering on the AlumnForce platform as soon as you arrive allows you to become part of the large Université Côte d'Azur community, by receiving news and participating in events. This platform is a springboard for alumni who can thus take advantage of a vast network of former graduates who have now become professionals. It also includes internship and job offers, conferences and seminars.

<https://link.univ-cotedazur.fr/> ↗

Community life

Discover six clubs offering sports and social activities at Université Côte d'Azur:

<https://univ-cotedazur.fr/vie-associative/clubs-uca-1> ↗



ESN (Erasmus Student Network France) is a network of associations present in 37 university cities in France. The network works throughout the year to develop and deploy projects of national or European scope to facilitate international mobility, improve the reception of international students and make young people aware of the opportunities available to them:

<https://esnfrance.org/esn-france/> ↗

<https://www.facebook.com/ESNFrance/> ↗

Social media & community

Find all the university news on our social media:



UnivCotedAzur



Université Côte d'Azur



univ_cotedazur



univ_cotedazur



Univ_CotedAzur





LIVING ON THE FRENCH RIVIERA

To see on the French Riviera	66
Events	67
Benefits of the Region	68
Student jobs	68
Useful contacts and addresses	69
Emergencies	69
Medical consultations & pharmacies	70
Abbreviations	71
Dos and Don'ts	72

To see on the French Riviera

- Promenade des Anglais
- Nice old-town and its flower market
- Have a swim at la Réserve de Nice
- Cimiez's Arenas
- Grasse, world capital of perfume
- Matisse museum
- Lérins islands (near Cannes)
- Visit Eze and its exotic garden
- Visit the Ephrussi villa
- Wander in St Paul de Vence
- Have a drink in Monaco
- Walk along the coastal paths in Antibes and Cap d'Ail
- Parc du Mercantour
- Gorges du Verdon

<https://www.nicetourisme.com/> ↗

<https://randoxygene.departement06.fr/randoxygene-8938.html> ↗



- Every day at noon, the cannon is fired from the hill of the castle in Nice.
- Every 1st Wednesday of the month, the siren sounds throughout the city.



NICE TRADITIONS

Between festivals and culinary specialties, Nice traditions are very present in Nice. Among the most famous, the party from the Mai to the Cimiez arenas, the salad niçoise, pan bagnat, socca, the cannon shot at noon and without forgetting the language niçoise: Le Nissart. Some words are still used around a conversation !

<https://www.nice.fr/fr/les-traditions-nicoises>

Events



February

- Nice Carnival
- Menton's Lemon Festival
- The Mimosa Festival in Mandelieu
- Play Azur Festival

March

The Paris-Nice run

April

The Côte d'Azur Garden Festival

May

- The May Festival in Nice
- International Film Festival in Cannes

June

Ironman in Nice

July

- Nice Jazz festival
- Juan-les-Pins Jazz Festival



August

- Firework festivals in Antibes, Cannes & Monaco
- Nuits du Sud in Vence

September

European Heritage Days

October

Science Festival

December

Christmas Markets

Benefits of the Region

The Culture PASS

With the **Culture Pass**, students can receive a check to spend on cultural products and activities in the southern region.

<https://pass.culture.fr/> 

The Health PASS

Offered by the PACA region (Provence Alpes Côte d'Azur) to young people under the age of 26, the **health PASS** includes 9 coupons to cover various medical expenses (consultations, tests, contraception, etc.).

<https://passantejeunes.maregionsud.fr/> 

Student jobs

It is important to check if you have the right to work in France.

<https://www.service-public.fr/particuliers/vosdroits/F2713> 

The minimum wage is 8,11 euros per hour. Warning: French legislation might cap the number of working hours for international students.

The website **Jobaviz** gathers job offers and advice (resume, cover letter, etc.).

<https://www.jobaviz.fr/> 

The **Centre Régional d'Information Jeunesse (CRIJ)** also shows job offers on its website:

<https://www.infojeunesse-paca.fr/trouver-un-job-en-2021-en-provence-alpes-cote-dazur/> 

Useful contacts and addresses



Solid'Actes

77 Avenue du Maréchal Lyautey
06000 Nice

Epicerie sociale Arc-en-ciel

3 rue Ribotti
06300 Nice

Epicerie solidaire des Marguerites

187 Boulevard de la Madeleine
06000 Nice

Emergencies

If you have a medical emergency, dial **#18** (firestation) or **#15** (SAMU). From a cellphone, dial **#112** (European emergency number). You will be able to speak to a doctor who will advise you on what you have to do.

<https://www.chu-nice.fr/urgences> ↗

<https://www.pagesjaunes.fr/annuaire/departement/alpes-maritimes-06/hopital> ↗

Medical consultations and pharmacies

In France you must choose a GP (médecin traitant): the GP provides patients with routine care and preventive treatment and sends them to a specialist if need be. The GP is your first port of call if you are ill.

- A consultation with a GP costs **between 23 and 28 €**, part of which is reimbursed by student Social Security.
- A consultation with a specialist costs **between 25 and 90 €**, part of which can be reimbursed.

Generally, in France, you have to make an appointment to see a doctor. Usually, you have to wait a few days to have an appointment with a general practitioner, sometimes several months for a specialist. But some doctors consult without an appointment (you must check beforehand).

Some medicines can be purchased directly at the pharmacy and others are only available on prescription.

A prescription is given by a doctor, and most of the time you will be reimbursed for the drugs (not all drugs are reimbursed or not fully reimbursed).

Paracetamol is available without prescription (for pain-relief or fever).

SAFETY INSTRUCTIONS / COVID-19 / PCR TESTS

With the COVID-19 pandemic, the French government has established strict safety instructions. All the information is on <https://www.gouvernement.fr/info-coronavirus>

Places to take a COVID-19 test in Nice: <https://www.sante.fr/cf/centres-depeistage-covid/departement-06.html>

Vaccination center for COVID-19: <https://www.doctolib.fr/vaccination-covid-19/nice>

Abbreviations

BU : Bibliothèque Universitaire

CAF : Caisse d'Allocations Familiales

CHU : Centre Hospitalier Universitaire

CM : Cours Magistral

CPAM : Caisse Primaire d'Assurance Maladie

CROUS : Centre Régional des Œuvres Universitaires et Scolaires

CVEC : Contribution Vie Etudiante et de Campus

DES : Dossier Social Etudiant

ECTS : European Credit Transfer System

EEE : Espace Économique Européen

FLE : Français Langue Étrangère

OFII : Office Français de l'Immigration et de l'Intégration

RH : Ressources Humaines

RIB : Relevé d'Identité Bancaire

RU : Restaurant Universitaire

SAEH : Service d'Accompagnement des Étudiants en situation de Handicap

SNCF : Société Nationale des Chemins de Fer

SUAPS : Service Universitaire des Activités Physiques et Sportives

SUMPPS : Service Universitaire de Médecine Préventive et de Promotion de la Santé

TCF : Test de Connaissance du Français

TD : Travaux Dirigés

TGV : Train Grande Vitesse

TP : Travaux Pratiques

UE : Union Européenne

UFR : Unité de Formation et de Recherche

VLS-TS : Visa Long Séjour valant Titre de Séjour



Dos & Donts



Greetings: when you enter a shop/coffee/bus, always greet people with '*Bonjour*' or '*Bonsoir*' (after 6pm). Say '*au revoir*' (goodbye) when leaving. Don't forget to use '*s'il vous plaît*' (please) and '*merci*' (thank you). This applies to administrative emails as well.

To greet someone, you can do '*la bise*'.

When you are invited, **always bring something**: flowers, chocolate or wine are common gifts.

Compost your ticket each time you get on the tram or bus.

Respect your neighborhood from 10 p.m.

Collect dog droppings from your pet or you will be fined.

Sort your waste in the various containers provided for this purpose.



When speaking French, do not use « *tu* » but « *vous* » instead, until the person offers to switch. It is more formal and respectful.

Do not start your meal before everyone gets their food – in France, eating is a serious matter.

Being noisy when eating or drinking is considered rude.

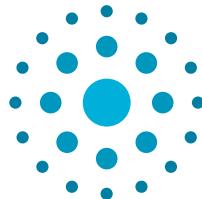
Tips are not mandatory, but you can leave some change if you were satisfied with the service.

Don't be disappointed if social relationships take longer to develop than expected. The French will not invite you to their homes right away; building a network is a bit more difficult but it pays to be patient: good things take time!

It is forbidden to walk around the city topless.

Notes

Notes



UNIVERSITÉ CÔTE D'AZUR

univ-cotedazur.fr

Find all the university news on our social media

-  @Univ-CotedAzur
-  @UnivCotedAzur
-  @Université Côte d'Azur
-  @univ_cotedazur
-  UniversitéCôtedAzur